

The analysis of the SIR model to study different patterns of future outbreaks of a dangerous disease (Pathogen X) using AI

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Abstract

This study aims to analyze the SIR model (Susceptible-Infectious-Recovered) to better understand how population dynamics could be impacted by an outbreak of a potential future disease called "Pathogen X." Despite the importance of the SIR model, there has been limited research applying it specifically to a disease like Pathogen X. The purpose of this study is to explore how changes in key factors—such as the rate of transmission (β) and the recovery rate (γ)—influence the spread of the disease. By doing this, the study aims to provide valuable insights for controlling and managing future epidemics. Four scenarios were tested: (1) reducing both β and γ , (2) reducing β and increasing γ , (3) increasing β and reducing γ , and (4) increasing both β and γ . The findings show that in scenario (1), reducing both β and γ slows down the outbreak and lowers the peak number of infections. In scenario (2), the outbreak slows down and the epidemic ends faster. In scenario (3), the disease spreads more quickly, with a higher peak number of infections. Scenario (4) results in a faster and more severe outbreak, but it also concludes more quickly. Ultimately, the results of this study can help guide strategies for controlling and preventing the spread of various diseases in the future.

Keywords: SIR model; Pathogen X; transmission rate; recovery rate

1. Introduction

“ Pathogen X ” refers to an unknown disease that could emerge from a yet-to-be-discovered pathogen, such as a virus or bacterium, with the potential to cause a global outbreak. The idea behind Pathogen X highlights the need to be ready for health threats we can't predict. The World Health Organization (WHO) introduced the term "Disease X" in 2018 to emphasize the possibility of new diseases suddenly appearing and spreading rapidly across the world.

This concept comes from the understanding that many pathogens in nature are still undiscovered. Things like climate change, urbanization, and the destruction of natural habitats increase the chances of these pathogens jumping to humans. For example, the COVID-19 pandemic, caused by the

SARS-CoV-2 virus, is a real-world example of a Pathogen X that went from being a potential threat to an actual global outbreak.

To better understand the spread and timing of outbreaks, researchers use a mathematical tool called the **SIR Model** to simulate disease transmission. This model divides the population into three groups:

1. Susceptible (S) – People who are at risk of getting infected but aren't yet.
2. Infected (I) – People who are currently infected and can spread the disease.
3. Recovered (R) – People who have recovered from the disease and are now immune.

The model uses the following equations to track how the disease spreads:

Here's what these mean:

$\frac{dS}{dt} = -\beta SI$	- (S) is the number of people at risk.
$\frac{dI}{dt} = \beta SI - \gamma I$	- (I) is the number of people currently infected.
$\frac{dR}{dt} = \gamma I$	- (R) is the number of people who have recovered.
	- (N) is the total population (S + I + R).
	- (β) is the rate at which the disease spreads (transmission rate).
	- (γ) is the rate at which people recover (Recovery rate).
	- (t) represents time.

The first equation shows how the number of susceptible people decreases over time as they get infected, depending on how easily the disease spreads (β) and how many infected people there are. The second equation tracks how the infected population changes as people get infected and recover, while the third shows how the recovered group grows as people heal.

This model helps researchers understand how a disease could spread and how quickly it might move through a population. By using tools like Python, researchers can simulate different scenarios to predict how an outbreak might unfold, how long it will last, and what impact it could have.

2. Objectives

To study the purpose of optimizing SIR modeling using GPT-4 to anticipate epidemic trends in advance, allowing for quicker preparation of response measures. This involves adjusting the transmission rate (β) and recovery rate (γ) of the target disease in four distinct scenarios: (1) decreasing β and decreasing γ , (2) decreasing β and increasing γ , (3) increasing β and decreasing γ , and (4) increasing β and increasing γ .



3. Research Question

How do variations in the transmission rate (β) and recovery rate (γ) within the SIR model influence the spread and duration of an outbreak caused by a hypothetical disease, Pathogen X?

4. Literature Reviews and Research Frameworks

Paper: SIR Math Model, PathogenX, GPT4o Numerical Simulation Capability

5. Methodology

1) Initial Parameter Setup: The study begins by setting the initial values for the SIR model parameters, which are sourced from the pathogen data set provided by PathogenX, ensuring that the model is tailored to realistic conditions.

2) SIR Model Simulation Code: Using GPT-4, four different versions of the SIR model simulation code are generated. Each version is tailored to test distinct model behaviors, facilitating a comprehensive understanding of outbreak dynamics under various conditions.

3) Scenario-based Variable Adjustment: GPT-4 is then tasked with adjusting the values of SIR model parameters across four scenarios. These adjustments allow for examining variations in transmission and recovery rates, yielding insights into disease progression under diverse conditions.

4) Graphical Representation of SIR Variables: A color-coded graph is generated using GPT-4, where S, I, and R variables are represented in Blue, Red, and Green, respectively. This visual aid provides a clear, comparative view of each variable over time.

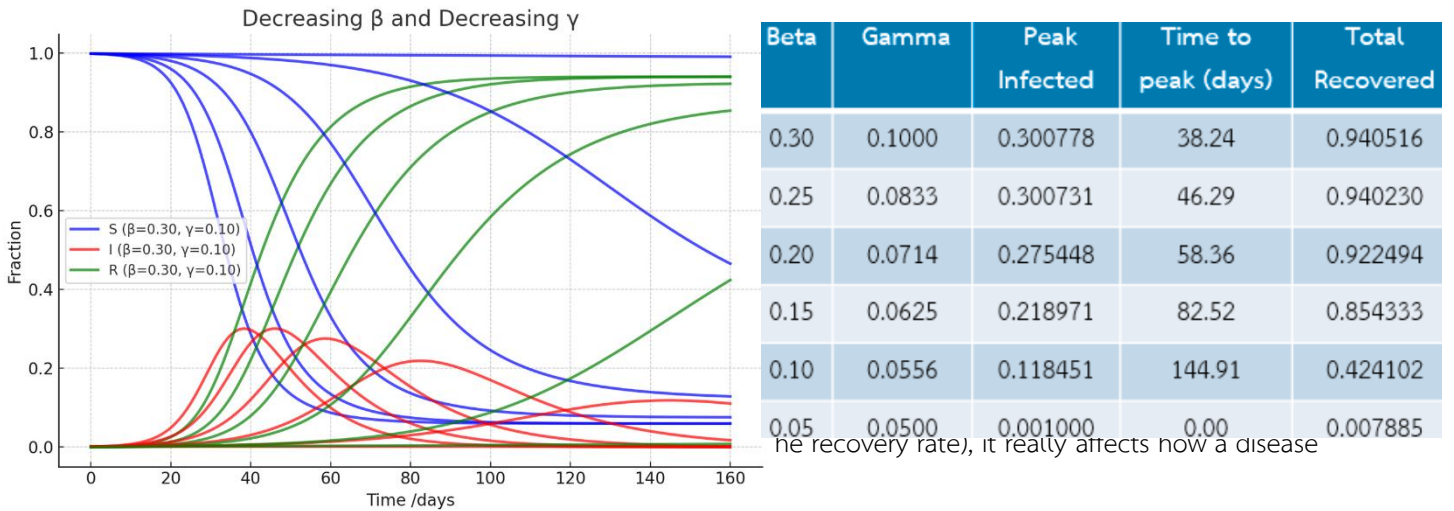
5) Pattern Identification using Matplotlib: GPT-4 is instructed to produce Matplotlib charts that reveal significant patterns and trends in the model. These visualizations help identify the effects of each scenario on disease spread and control.

6) Model Selection: The four simulation results are analyzed, comparing each scenario against the study's objectives. The most effective model in controlling the outbreak is selected, based on its alignment with the pre-defined criteria for outbreak management efficiency.

6. Results

1. Four distinct

1) Decreasing β and Decreasing γ

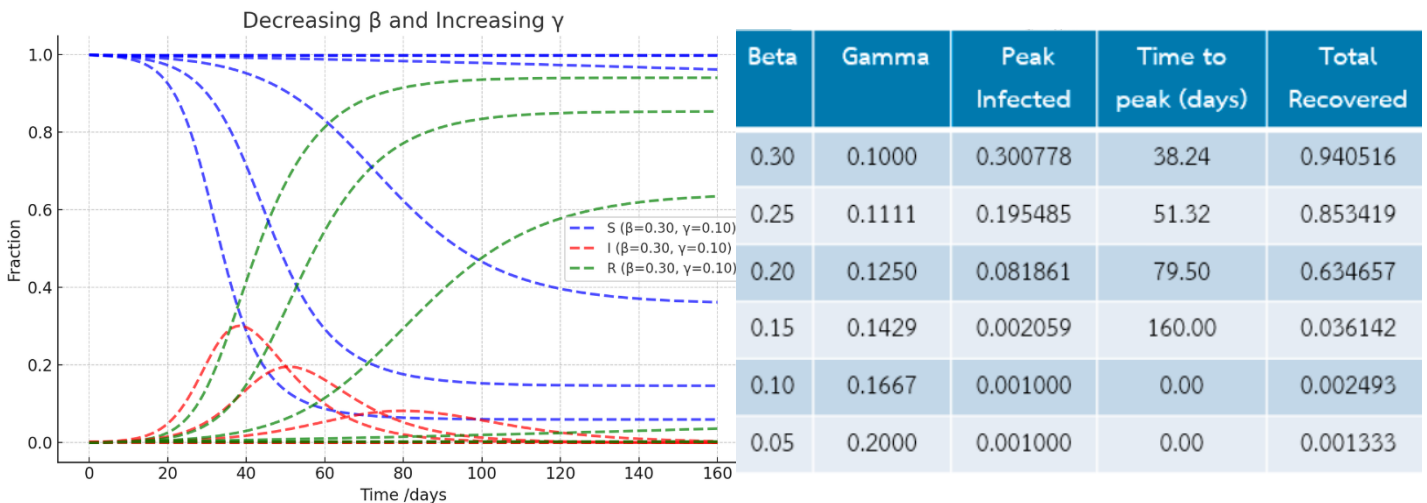


(1) Decreasing β : By decreasing the transmission rate, we reduce the chances of infected people passing the disease to others. This can be done through actions like wearing masks and maintaining distance, which helps protect those who are at risk.

(2) Decreasing γ : If we decrease the recovery rate, it means that people will stay infected longer before they get better. While this can help keep the peak number of infections healthcare system since there will still be patients needing care.

In summary, by decreasing both rates, we can slow down the spread of the disease. This gives us more time to prepare and respond effectively, making it easier for healthcare facilities to manage patients. Plus, having fewer cases during the peak can really help reduce the burden on hospitals.

2) Decreasing β and Increasing γ

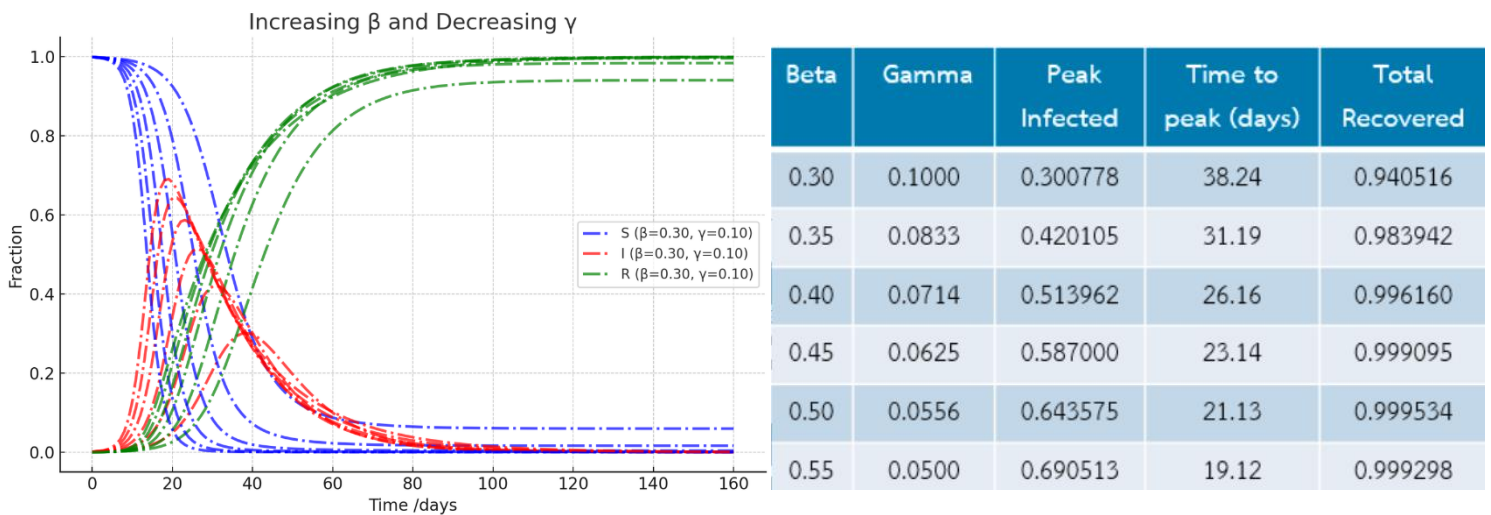


(1) Decreasing β : β represents how easily a disease spreads from one person to another. By decreasing β , we make it harder for the disease to spread, which can be achieved through measures like social distancing, wearing masks, or maintaining good hygiene.

(2) Increasing γ : γ represents how quickly an infected person recovers. Increasing γ means people recover faster, thanks to better treatments or stronger immune systems.

So, with decreasing and increasing γ , the disease infects fewer people and spreads over a shorter period. This reduces the peak number of cases, helping prevent overwhelming the healthcare system, and leading to faster recovery in the population.

3) Increasing β and Decreasing γ



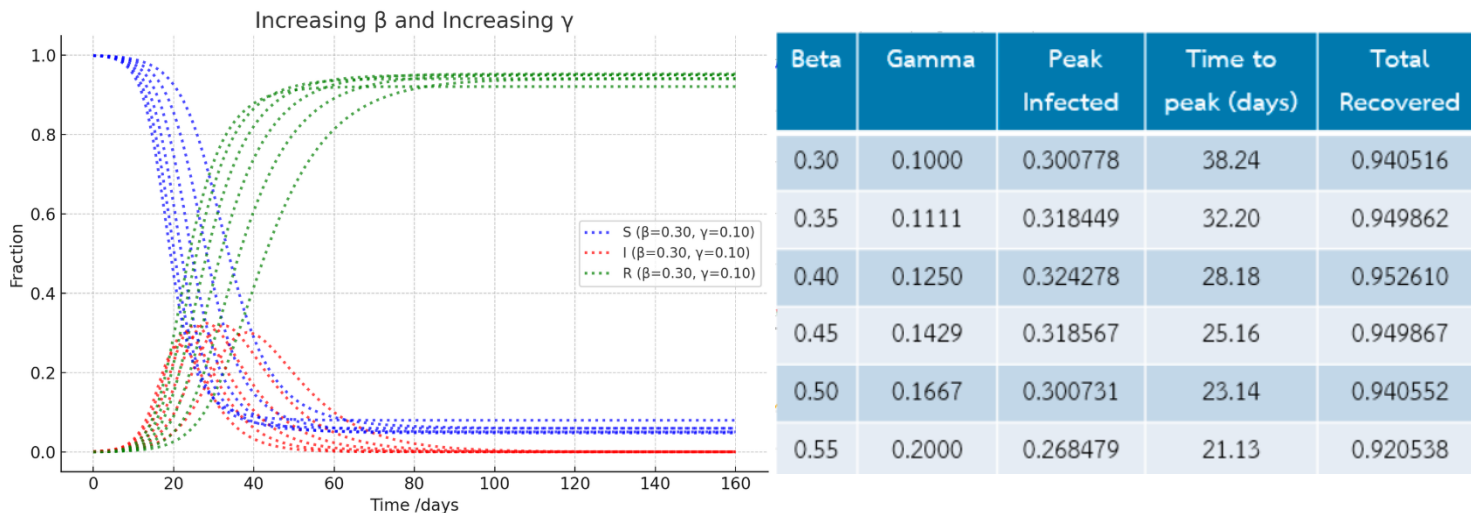
When we increase β (the transmission rate) and decrease γ (the recovery rate), it really changes how a disease spreads. Here's what happens:

(1) Increasing β : When β goes up, it means that infected people can spread the disease more easily and quickly to others. This causes the disease to spread faster, with more people getting infected in a shorter period. As a result, the peak number of infections will be higher because the virus spreads more rapidly early on.

(2) Decreasing γ : A lower γ means that infected individuals take longer to recover or stop being contagious. This gives them more time to spread the disease to others, increasing the overall spread. It also means the epidemic lasts longer since more people remain sick for an extended period.

So, with increasing β and decreasing γ , the disease spreads faster, more people get infected at once, and the outbreak continues for a longer time, making it more difficult to control.

4) Increasing β and Increasing γ



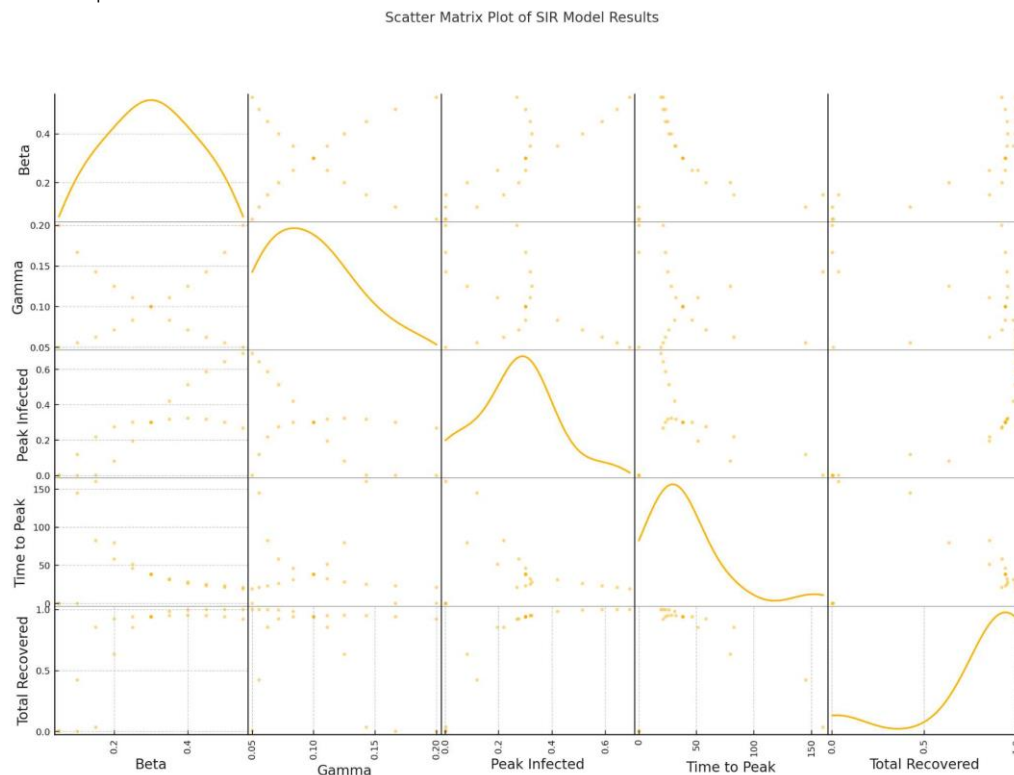
When we increase both β and γ , it significantly affects how a disease spreads. Here's what happens:

(1) Increasing β :Think of β as the likelihood of someone passing the disease to another person. When β goes up, it means that the chances of spreading the disease are higher, leading to a rapid increase in infections and more people getting sick in a short amount of time.

(2) Increasing γ :Now, γ reflects how quickly people recover from the illness. If γ increases, it means that individuals bounce back faster, resulting in fewer people being actively sick after that initial wave of infections.

So, with both β and γ on the rise, the disease spreads more quickly, infecting more people at once. However, since people recover faster, the outbreak doesn't last as long, making it a bit easier to manage in the long run.

2. Matplotlib Chart



The key patterns in infectious disease modeling that involve the transmission rate (β) and recovery rate (γ) highlight how these two factors shape the outbreak's dynamics. Here's a simplified breakdown of the significant patterns:

1) Beta vs. Peak Infected

- Positive correlation: As the transmission rate (β) increases, the peak number of infected individuals also rises.

- Why: A higher β leads to faster and wider disease spread, increasing the number of people infected at the outbreak's peak.

2) Beta vs. Time to Peak

- Negative correlation: Higher β results in a shorter time to reach peak infection.

- Why: Faster transmission means the infection spreads rapidly, reducing the time it takes for the disease to hit its maximum spread.

3) Gamma vs. Time to Peak

- Negative correlation: As the recovery rate (γ) increases, the time to peak infection decreases.

- Why: Faster recovery means fewer people remain infectious for long, which shortens the time it takes to reach the peak.

4) Gamma vs. Peak Infected

- Negative correlation: Higher γ results in a lower peak number of infected individuals.
- Why: Faster recovery means that individuals leave the infected population more quickly, reducing the number of people infected at any one time.

5) Time to Peak vs. Peak Infected

- Variable relationship: A shorter time to peak can lead to a higher number of peak infections, though the relationship may vary depending on the values of β and γ .
- Why: When an infection spreads rapidly, it often leads to a large number of cases in a short time.

6) Total Recovered vs. Beta/Gamma

- Beta: As β increases, more people get infected and recover, potentially leading to nearly the entire population being affected.
- Gamma: Higher γ leads to quicker recoveries, which may prevent large outbreaks, reducing the total number of infected individuals while increasing the rate of recovery.

Summary of Insights:

- β (transmission rate) determines how quickly and severely the disease spreads.
- γ (recovery rate) affects how quickly people recover and leave the infected population, mitigating the severity of the outbreak.
- The balance between these two rates is crucial in understanding the dynamics of an epidemic.

3. Select the Best Model

When considering the criteria for choosing Decreasing β (the transmission rate) and Increasing γ (the recovery rate) as the best SIR model, the following important reasons can be highlighted:

1) Reducing Disease Transmission

- Lowering Infection Risk: Decreasing β helps reduce the chances that infected individuals will transmit the disease to others, aiding in controlling the outbreak at a manageable level.
- Preventive Measures: Implementing measures such as wearing masks, practicing social distancing, and promoting hygiene can effectively reduce β .

2) Increasing Recovery Rate

- Faster Recovery for the Population: Increasing γ means that infected individuals can recover more quickly, which helps decrease the number of active cases over a short period and reduces the burden on the healthcare system.

- Effective Treatments: The development of new treatment methods or quality healthcare services can increase γ .

3) Healthcare System Management

- Reducing Strain on the Healthcare System: When both β decreases and γ increases, the peak number of infected individuals at any given time is reduced, allowing the healthcare system to manage patients more effectively.

- Manageable Timeframes: Keeping the outbreak at a controllable level gives decision-makers the opportunity to plan and prepare for emergency situations better.

4) Building Herd Immunity

- Population Recovery: Faster recovery among individuals increases the number of people with immunity to the disease, which is crucial for controlling future spread.

- Long-Term Infection Reduction: Effective management of transmission and recovery will help lower the incidence of infection over time.

5) Sustainability for the Future

- Preparedness for Future Outbreaks: Controlling β while increasing γ will help the population develop immunity to diseases in the future, enhancing readiness for new outbreaks.

7. Discussion

This study highlights the critical roles of the transmission rate (β) and recovery rate (γ) in the dynamics of infectious disease spread. Adjusting these parameters allows for a deeper understanding of how outbreaks impact both populations and healthcare systems. When both β and γ are decreased, the spread of disease significantly slows down. Reducing β lowers the likelihood of infected individuals transmitting the disease, achievable through interventions like mask-wearing and social distancing. Simultaneously, decreasing γ means that infected individuals remain infectious for a longer duration before recovering, giving healthcare systems more time to prepare and respond effectively, thereby avoiding the chaos from a rapid increase in patient numbers. Conversely, increasing β while decreasing γ leads to rapid disease spread, with infected individuals taking longer to recover. This scenario results in a higher number of infections and an extended duration of the outbreak, underscoring the necessity for timely public health interventions to mitigate disease spread and improve recovery rates. Additionally, increasing both β and γ results in quick disease spread but faster recovery, potentially shortening the overall duration of the outbreak despite a high initial infection rate. Thus, maintaining a balance between controlling transmission and promoting recovery is essential for effective management of infectious diseases. Moreover, it is important to acknowledge the limitations of using models generated by AI systems like GPT-4 in simulating the SIR model. While GPT-4 can provide valuable insights and generate simulations,

it may oversimplify the complexities of real-world scenarios. Limitations include reliance on user-provided data and challenges in incorporating external factors such as social behavior and environmental influences. Therefore, although GPT-4 can assist in generating scenarios, its outputs should be critically evaluated and supplemented with empirical data and expert knowledge. Overall, these findings emphasize the need for a nuanced understanding of transmission and recovery rates to develop effective public health strategies, while also recognizing the limitations of AI-generated models in informing public health decisions.

8. Conclusions

1) Reducing both transmission (β) and recovery rates (γ) slows down how quickly a disease spreads but can make the outbreak last longer. While this gives healthcare providers more time to respond, it also means the infection will linger in the community for a while.

2) When we lower the transmission rate (β) and raise the recovery rate (γ), we see fewer people getting sick and those who do recover more quickly. This not only reduces the peak number of infections but also helps prevent hospitals from becoming overwhelmed, ultimately leading to a shorter outbreak.

3) If we increase the transmission rate (β) while decreasing the recovery rate (γ), the disease spreads faster and affects more people in a short time. This results in a higher peak of infections and extends the duration of the outbreak, making it tougher to manage.

4) Increasing both the transmission rate (β) and recovery rate (γ) means the disease spreads rapidly, but because people recover faster, the outbreak doesn't last as long. This can ease the strain on healthcare systems over time, even if the initial spread is quick.

5) Finding the right balance between transmission (β) and recovery (γ) is key to managing an epidemic. A higher transmission rate speeds up the spread, while a higher recovery rate helps bring down the number of active infections and shortens the outbreak duration. By implementing effective public health measures, we can significantly shape how an epidemic unfolds and ensure better outcomes for everyone involved.

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